

[respect]™ Middle School (6-8) Curriculum

This social-emotional learning curriculum teaches students tools to keep themselves and others safe while promoting respectful relationships. Four lessons set clear definitions of sexual violence, bullying, harassment, and methods of prevention. Students also learn how to respect boundaries and how to stay safe online.

Instructions for Facilitators:

- Each thumbnail image is hyperlinked to a PDF version of the worksheet captioned below the image.
- The page numbers correspond to that particular worksheet in the curriculum binder.
- If additional adaptations of curriculum materials are needed, please contact the Education Coordinator at (808) 535-7600.

[respect]™ Prep

[respect]™

PREP QUESTIONS

Name: _____

Directions: Respond to the questions below:

1. What is YOUR definition of respect?
2. What qualities are important to you in any relationship (i.e., friendship, classmates, family, dating)?
3. What does respect look like?
4. What does respect sound like?
5. What does respect feel like?

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Truconnect™ | Sexual Violence Prevention Curriculum | Middle School

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Prep Questions (pg. 63 & 65)

Lesson 1: Know the Line – Prevent Sexual Harassment

Lesson 1

Trista's Story



My name is Trista. I'm a sophomore and I like to surf and paddle canoe. My favorite subject is art. I used to really like school, but this year, I kind of hate it.

There's a couple guys at my school that have started to pick on me... and it's the most uncomfortable feeling in the world. They're a year older than me, and I see them a lot in the hallways or at recess. Whenever I walk past them, they look me up and down and laugh. I look away and try to avoid them, but I always seem to end up running into them on my way to art class. If they see me they make embarrassing comments about my body, the way I dress, and pretty much anything they feel like.

Once they told me that my shirt was too tight... after that I started wearing jackets all the time, but then one of them said, "What are you trying to hide under there?"

I've told them to stop, but they'll just laugh and say things like, "Stop what?" When no one else is around, they'll do stupid things like throw a pencil down on the floor and tell me, "Bend over and pick it up." They don't realize how it hurts to be treated like that. Like you don't count... like you are just a body... They don't know who I am.

It's harder now for me to concentrate in class. I used to like school but I am starting to hate going now. Some days I actually pretend to be sick so I can stay home and not deal with it. I even tried telling the teacher once, but he just said to ignore them. The thing that people don't get is that it's not so much what they're saying... it's the way they say it, the way they look at me, and how it makes me feel. It makes me feel like I just want to disappear.

Trisha's Story (pg. 77 & 79)

PREVENT SEXUAL HARASSMENT



Name: _____

Directions: Respond to each question below.

1. Do you **AGREE** or **DISAGREE** with the following statement. Explain why.
If somebody doesn't say STOP, it is not sexual harassment.

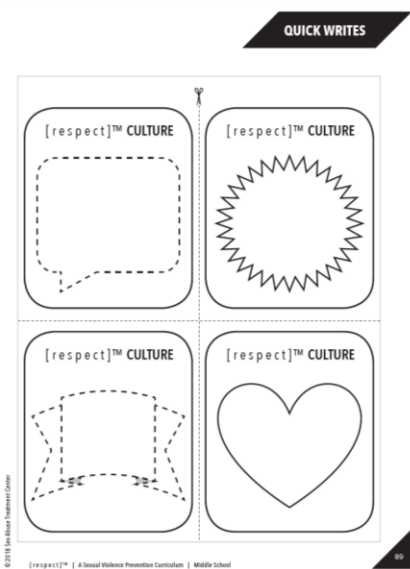
2. Read the following scenarios. Circle where sexual harassment occurs and then rewrite the scenario to be respectful.

Scenario 1: At the bus stop, Jesse shows Casey a sexual picture of a classmate sent in a group text. Casey also received the picture. Casey says loudly, "talk about being sexy." Some people at the bus begin laughing. Casey decides to post the picture on social media pages. Casey also "likes" and "hearts" other people's comments about the photo as it spreads. The next day, Jesse and Casey continue to laugh and gossip about their classmate, even when that person is present.

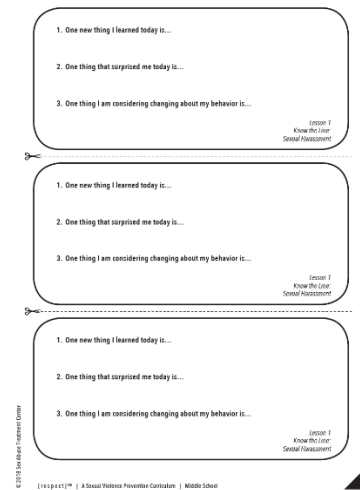
MAKE IT RESPECTFUL!

Rewrite Scenario 1 so that it is no longer an example of sexual harassment.

[r e s p e c t]™ REPS | STUDENT VERSION – Prevent Sexual Harassment (pg. 83 & 84)



QUICK WRITES – [r e s p e c t]™ Culture (pg. 89)



QUICK WRITES – Lesson Reflections (pg. 91)

Lesson 2: Know the Line – Prevent Sexual Violence

SECTION 5

Lesson 2

David's Story



My name is David. I am going to college next year. I play football, and just started learning lockbacking. I have a lot of friends, and get along well with others. Except when I get into fights with people. I get angry really easily, but most people know not to mess with me.

Even though I have friends and people tell me I'm funny, there are many times when I feel different from other people. You see, when I was a kid, like in 7, there was this one guy in the neighborhood that, well, this is kind of hard to talk about... But, um, there was this one guy that my parents were good friends with and he was like an uncle to me. I'd always go to his house and hang out and follow him around. He'd let me help him in his woodworking and he'd play sports with me. As time went on, things started to get uncomfortable because he'd do stuff to me. It started off when he'd kiss me, it would start off normal, but then he'd always end up touching my private parts. As time went on, he made me do sexual stuff with him. He told me I would get into big trouble if I told anyone. I remember feeling trapped and scared.

I can't really talk about it. I've pretty much tried to forget all about it. I try to act like it never happened. But I think it still affects me.

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David's Story (pg. 105 & 107)

SECTION 5

Lesson 2

Kanani's Story



I was 13 years old when something weird happened with my friend's older brother. I was on this one day after a soccer game. I had to get something from my family's car across the field, and he was there hanging out on the edge of his truck right by my car.

He had just graduated high school and was one of the assistant coaches. He'd come out and help for a lot of the games, so I would see him all the time. On this particular day, I was at my mom's car when he got out of his truck and started talking to me. He was touching my shoulder and he told me that he had a CD for my brother in his truck. He told me I should listen to one of the songs, so I got inside the truck.

When he was in the truck and he started playing the song and just talking, he told me I was doing a really good job on the field, and that I had improved a lot over the season. Then he asked me how I was doing "off the field." And I didn't know what he meant. He said, "You know... off the field..." and he reached over and touched my leg. He kept touching me and put his hand under my shorts. I was so scared. I just froze.

Eventually he stopped and let me out of the truck, but he told me not to say anything to anyone about what had happened. When we saw him he just acted like nothing happened. I know it wasn't right, but it still scared me and bothered me a lot. I'm not sharing this because I am strong or brave. I just wish I could get over it and get on with my life.

I quit playing soccer after that season, but sometimes I miss it. I get nervous now being around guys, and I'm not sure about dating. I also sometimes feel weird when people, even friends, touch me.

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Kanani's Story (pg. 111 & 113)

SECTION 5

Lesson 2

Kai's Story



We were in the car and he said he wanted to kiss me. I was excited and nervous. I really liked him and the whole night had been going so perfect. He's a senior - I'm just a freshman - he plays football. I used to watch him practice. He's pretty popular. I never thought someone like him would actually be interested in me. Sometimes, I couldn't even believe we were hanging out. I wanted to kiss him, too. He said it'd be good to try. So we kissed and then kept kissing. But then he started to try to do more, and I thought, I can't do this... I wanted him to stop. But he didn't stop. I knew he was someone else. He wasn't full-on and caring anymore, he just kept going. I tried to say no again but I couldn't speak like my voice was gone. I was really scared. I didn't know what to do... I just didn't know what to do.

When he was through, he drove me home. And when he dropped me off, he said, "I had a good time" and that he really liked me. He said we should go out again. None of it made any sense. He said I should come down to watch him play in the next football game. He acted like nothing even happened.

I haven't said anything to anyone. Who would tell? I'm just trying to forget it even happened. But sometimes I can't stop thinking about it. That's all I want. Like I'm not happy. I can't sleep at night and I don't want to be around anyone. I just wish I'd never gotten into his car.

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Kai's Story (pg. 117 & 119)

[respect]™ REPS | STUDENT VERSION

PREVENT SEXUAL VIOLENCE



Name: _____

Directions: Read the following scenarios and indicate whether or not you think an act of sexual violence occurred by circling "yes," "no," or "unclear."

If "yes," write what type of sexual violence it is. Explain why you think it is or is not sexual violence.

Scenario 1: Jordan's stepfather walks in while Jordan is taking a shower. Jordan has told him to stop, but the stepfather continues to do it. The stepfather always acts like it's an accident, but it has happened on several occasions.

Is this sexual violence? Yes No Unclear

If yes, what type?

Explain your answer:

Scenario 2: While at the beach with friends, Alex falls asleep and is woken up by loud laughing. Nobody will tell Alex what it is so funny. Minutes later Alex starts receiving text and social media notifications. It turns out that while asleep, someone took a photo of Alex's private parts and posted it online. The photo is everywhere and people are saying things about Alex's body.

Is this sexual violence? Yes No Unclear

If yes, what type?

Explain your answer:

Scenario 3: Morgan and Taylor hang out at lunch and enjoy flirting with each other. Morgan wants to kiss Taylor and decides to make Taylor the movie. Taylor agrees to go. Once there, Morgan leans over and tries to kiss Taylor on the lips. Taylor is surprised and pulls away quickly.

Is this sexual violence? Yes No Unclear

If yes, what type?

Explain your answer:

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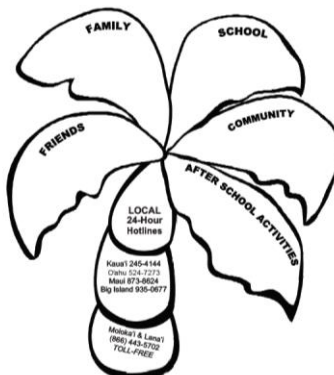
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[respect]™ REPS | STUDENT VERSION –
Prevent Sexual Violence (pg. 123 & 124)

I LIVE [respect]™

'OHANA TREE

Directions: Take a moment to think about the people in your life that you feel you can talk to. Write the names of people you can trust and go to for help with a problem. If possible, try to list at least one name for each category.



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I LIVE [respect]™ – 'Ohana Tree (pg. 129)

QUICK WRITES

1. One new thing I learned today is...
2. One thing that surprised me today is...
3. One thing I am considering changing about my behavior is...

Lesson 2
Know the Line
Prevent Sexual Violence

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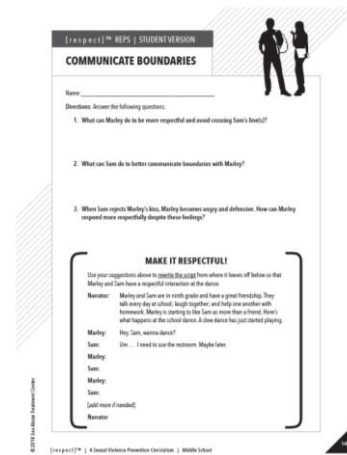
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QUICK WRITES – Lesson Reflections
(pg. 131)

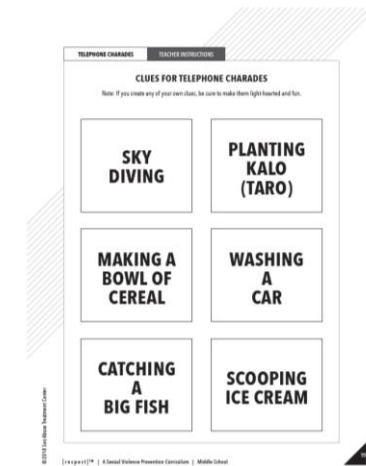
Lesson 3: [r e s p e c t]™ the Line – Boundaries



Marley & Sam (pg. 145)



[r e s p e c t]™ REPS | STUDENT VERSION –
Communicate Boundaries (pg. 149)



Clues for Telephone Charades (pg. 155 & 156)

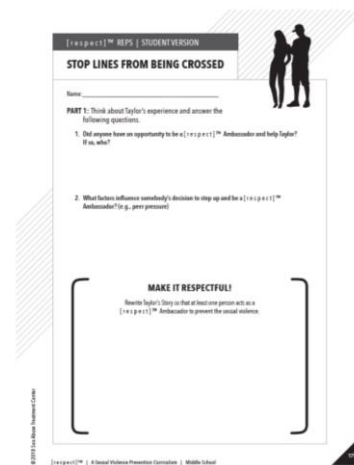
Lesson 4: Protect the Line – Be a [r e s p e c t]™ Ambassador



BRAINSTORM TOOL – [r e s p e c t]™
Ambassador Actions (pg. 171)



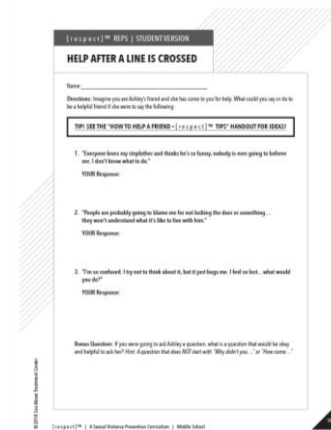
Taylor's Story (pg. 173, 175)



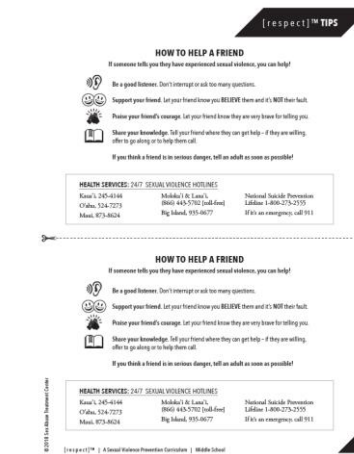
[r e s p e c t]™ REPS | STUDENT VERSION –
Stop Lines from Being Crossed (pg. 179-181)



Ashley's Story (pg. 187 & 189)



[r e s p e c t]™ REPS | STUDENT VERSION –
Help After a Line is Crossed (pg. 193)



[r e s p e c t]™ TIPS – How to Help a Friend
(pg. 197)

[r e s p e c t]TM Boosters

[respect]™ Review

Name: _____

Directions: Read and respond to the following:

1. Define sexual harassment.
2. Define sexual violence.
3. What are the four types of sexual violence?
4. Read each statement below and circle if it's True or False.
 - Sexual harassment is not as harmful as other types of sexual violence.
True / False
 - Most of the time victims of sexual violence don't know their offender.
True / False
 - Only younger women wearing sexy clothes are at risk for sexual violence.
True / False
 - Almost all have a hot 24-hour hotline to answer questions about sexual violence.
True / False

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[r e s p e c t]TM Review (pg. 205-207)